

# SJÓRINN – ÁIN

## Karlar / Men

## Konur / Women

Teigur / Tee		60	
CR	73,0	Slope	127
Forgjöf	Vallarforgjöf		
+5.0 - +4.9	+5		
+4.8 - +4.1	+4		
+4.0 - +3.2	+3		
+3.1 - +2.3	+2		
+2.2 - +1.4	+1		
+1.3 - +0.5	0		
+0.4 - 0.4	1		
0.5 - 1.3	2		
1.4 - 2.2	3		
2.3 - 3.1	4		
3.2 - 4.0	5		
4.1 - 4.8	6		
4.9 - 5.7	7		
5.8 - 6.6	8		
6.7 - 7.5	9		
7.6 - 8.4	10		
8.5 - 9.3	11		
9.4 - 10.2	12		
10.3 - 11.1	13		
11.2 - 12.0	14		
12.1 - 12.9	15		
13.0 - 13.7	16		
13.8 - 14.6	17		
14.7 - 15.5	18		
15.6 - 16.4	19		
16.5 - 17.3	20		
17.4 - 18.2	21		
18.3 - 19.1	22		
19.2 - 20.0	23		
20.1 - 20.9	24		
21.0 - 21.7	25		
21.8 - 22.6	26		
22.7 - 23.5	27		
23.6 - 24.4	28		
24.5 - 25.3	29		
25.4 - 26.2	30		
26.3 - 27.1	31		
27.2 - 28.0	32		
28.1 - 28.9	33		
29.0 - 29.8	34		
29.9 - 30.6	35		
30.7 - 31.5	36		
31.6 - 32.4	37		
32.5 - 33.3	38		
33.4 - 34.2	39		
34.3 - 35.1	40		
35.2 - 36.0	41		
36.1 - 36.9	42		
37.0 - 37.8	43		
37.9 - 38.7	44		
38.8 - 39.5	45		
39.6 - 40.4	46		
40.5 - 41.3	47		
41.4 - 42.2	48		
42.3 - 43.1	49		
43.2 - 44.0	50		
44.1 - 44.9	51		
45.0 - 45.8	52		
45.9 - 46.7	53		
46.8 - 47.6	54		
47.7 - 48.4	55		
48.5 - 49.3	56		
49.4 - 50.2	57		
50.3 - 51.1	58		
51.2 - 52.0	59		
52.1 - 52.9	60		
53.0 - 53.8	61		
53.9 - 54.0	62		

Teigur / Tee		56	
CR	70,5	Slope	122
Forgjöf	Vallarforgjöf		
+5.0 - +4.7	+7		
+4.6 - +3.8	+6		
+3.7 - +2.8	+5		
+2.7 - +1.9	+4		
+1.8 - +1.0	+3		
+0.9 - 0.0	+2		
0.1 - 0.9	+1		
1.0 - 1.8	0		
1.9 - 2.7	1		
2.8 - 3.7	2		
3.8 - 4.6	3		
4.7 - 5.5	4		
5.6 - 6.4	5		
6.5 - 7.4	6		
7.5 - 8.3	7		
8.4 - 9.2	8		
9.3 - 10.1	9		
10.2 - 11.1	10		
11.2 - 12.0	11		
12.1 - 12.9	12		
13.0 - 13.8	13		
13.9 - 14.8	14		
14.9 - 15.7	15		
15.8 - 16.6	16		
16.7 - 17.5	17		
17.6 - 18.5	18		
18.6 - 19.4	19		
19.5 - 20.3	20		
20.4 - 21.3	21		
21.4 - 22.2	22		
22.3 - 23.1	23		
23.2 - 24.0	24		
24.1 - 25.0	25		
25.1 - 25.9	26		
26.0 - 26.8	27		
26.9 - 27.7	28		
27.8 - 28.7	29		
28.8 - 29.6	30		
29.7 - 30.5	31		
30.6 - 31.4	32		
31.5 - 32.4	33		
32.5 - 33.3	34		
33.4 - 34.2	35		
34.3 - 35.1	36		
35.2 - 36.1	37		
36.2 - 37.0	38		
37.1 - 37.9	39		
38.0 - 38.9	40		
39.0 - 39.8	41		
39.9 - 40.7	42		
40.8 - 41.6	43		
41.7 - 42.6	44		
42.7 - 43.5	45		
43.6 - 44.4	46		
44.5 - 45.3	47		
45.4 - 46.3	48		
46.4 - 47.2	49		
47.3 - 48.1	50		
48.2 - 49.0	51		
49.1 - 50.0	52		
50.1 - 50.9	53		
51.0 - 51.8	54		
51.9 - 52.7	55		
52.8 - 53.7	56		
53.8 - 54.0	57		

Teigur / Tee		51	
CR	67,9	Slope	118
Forgjöf	Vallarforgjöf		
+5.0 - +4.3	+9		
+4.2 - +3.3	+8		
+3.2 - +2.3	+7		
+2.2 - +1.4	+6		
+1.3 - +0.4	+5		
+0.3 - 0.5	+4		
0.6 - 1.5	+3		
1.6 - 2.4	+2		
2.5 - 3.4	+1		
3.5 - 4.4	0		
4.5 - 5.3	1		
5.4 - 6.3	2		
6.4 - 7.2	3		
7.3 - 8.2	4		
8.3 - 9.1	5		
9.2 - 10.1	6		
10.2 - 11.1	7		
11.2 - 12.0	8		
12.1 - 13.0	9		
13.1 - 13.9	10		
14.0 - 14.9	11		
15.0 - 15.8	12		
15.9 - 16.8	13		
16.9 - 17.8	14		
17.9 - 18.7	15		
18.8 - 19.7	16		
19.8 - 20.6	17		
20.7 - 21.6	18		
21.7 - 22.5	19		
22.6 - 23.5	20		
23.6 - 24.5	21		
24.6 - 25.4	22		
25.5 - 26.4	23		
26.5 - 27.3	24		
27.4 - 28.3	25		
28.4 - 29.3	26		
29.4 - 30.2	27		
30.3 - 31.2	28		
31.3 - 32.1	29		
32.2 - 33.1	30		
33.2 - 34.0	31		
34.1 - 35.0	32		
35.1 - 36.0	33		
36.1 - 36.9	34		
37.0 - 37.9	35		
38.0 - 38.8	36		
38.9 - 39.8	37		
39.9 - 40.7	38		
40.8 - 41.7	39		
41.8 - 42.7	40		
42.8 - 43.6	41		
43.7 - 44.6	42		
44.7 - 45.5	43		
45.6 - 46.5	44		
46.6 - 47.4	45		
47.5 - 48.4	46		
48.5 - 49.4	47		
49.5 - 50.3	48		
50.4 - 51.3	49		
51.4 - 52.2	50		
52.3 - 53.2	51		
53.3 - 54.0	52		

Teigur / Tee		47	
CR	65,8	Slope	114
Forgjöf	Vallarforgjöf		
+5.0 - +4.3	+11		
+4.2 - +3.2	+10		
+3.1 - +2.2	+9		
+2.2 - +1.3	+8		
+1.2 - +0.3	+7		
+0.2 - 0.6	+6		
0.7 - 1.6	+5		
1.7 - 2.6	+4		
2.7 - 3.6	+3		
3.7 - 4.6	+2		
4.7 - 5.6	+1		
5.7 - 6.6	0		
6.7 - 7.6	1		
7.7 - 8.6	2		
8.7 - 9.6	3		
9.7 - 10.6	4		
10.7 - 11.5	5		
11.6 - 12.5	6		
12.6 - 13.5	7		
13.6 - 14.5	8		
14.6 - 15.5	9		
15.6 - 16.5	10		
16.6 - 17.5	11		
17.6 - 18.5	12		
18.6 - 19.5	13		
19.6 - 20.5	14		
20.6 - 21.5	15		
21.6 - 22.5	16		
22.6 - 23.4	17		
23.5 - 24.4	18		
24.5 - 25.4	19		
25.5 - 26.4	20		
26.5 - 27.4	21		
27.5 - 28.4	22		
28.5 - 29.4	23		
29.5 - 30.4	24		
30.5 - 31.4	25		
31.5 - 32.4	26		
32.5 - 33.4	27		
33.5 - 34.3	28		
34.4 - 35.3	29		
35.4 - 36.3	30		
36.4 - 37.3	31		
37.4 - 38.3	32		
38.4 - 39.3	33		
39.4 - 40.3	34		
40.4 - 41.3	35		
41.4 - 42.3	36		
42.4 - 43.3	37		
43.4 - 44.3	38		
44.4 - 45.2	39		
45.3 - 46.2	40		
46.3 - 47.2	41		
47.3 - 48.2	42		
48.3 - 49.2	43		
49.3 - 50.2	44		
50.3 - 51.2	45		
51.3 - 52.2	46		
52.3 - 53.2	47		
53.3 - 54.0	48		

Teigur / Tee		36	
CR	61,5	Slope	106
Forgjöf	Vallarforgjöf		
+5.0 - +4.3	+15		
+4.2 - +3.2	+14		
+3.1 - +2.2	+13		
+2.1 - +1.1	+12		
+1.0 - +0.1	+11		
0.0 - 1.0	+10		
1.1 - 2.1	+9		
2.2 - 3.1	+8		
3.2 - 4.2	+7		
4.3 - 5.3	+6		
5.4 - 6.3	+5		
6.4 - 7.4	+4		
7.5 - 8.5	+3		
8.6 - 9.5	+2		
9.6 - 10.6	+1		
10.7 - 11.7	0		
11.8 - 12.7	1		
12.8 - 13.8	2		
13.9 - 14.9	3		
15.0 - 15.9	4		
16.0 - 17.0	5		
17.1 - 18.1	6		
18.2 - 19.1	7		
19.2 - 20.2	8		
20.3 - 21.3	9		
21.4 - 22.3	10		
22.4 - 23.4	11		
23.5 - 24.5	12		
24.6 - 25.5	13		
25.6 - 26.6	14		
26.7 - 27.7	15		
27.8 - 28.7	16		
28.8 - 29.8	17		
29.9 - 30.9	18		
31.0 - 31.9	19		
32.0 - 33.0	20		
33.1 - 34.1	21		
34.2 - 35.1	22		
35.2 - 36.2	23		
36.3 - 37.3	24		
37.4 - 38.3	25		
38.4 - 39.4	26		
39.5 - 40.5	27		
40.6 - 41.5	28		
41.6 - 42.6	29		
42.7 - 43.7	30		
43.8 - 44.7	31		
44.8 - 45.8	32		
45.9 - 46.9	33		
47.0 - 47.9	34		
48.0 - 49.0	35		
49.1 - 50.1	36		
50.2 - 51.1	37		
51.2 - 52.2	38		
52.3 - 53.3	39		
53.4 - 54.0	40		

Teigur / Tee		51	
CR	73,5	Slope	128
Forgjöf	Vallarforgjöf		
+5.0 - +4.5	+4		
+4.4 - +3.6	+3		
+3.5 - +2.7	+2		
+2.6 - +1.8	+1		
+1.7 - +0.9	0		
+0.8 - +0.1	1		
0.0 - 0.8	2		
0.9 - 1.7	3		
1.8 - 2.6	4		
2.7 - 3.5	5		
3.6 - 4.4	6		
4.5 - 5.2	7		
5.3 - 6.1	8		
6.2 - 7.0	9		
7.1 - 7.9	10		
8.0 - 8.8	11		
8.9 - 9.7	12		
9.8 - 10.5	13		
10.6 - 11.4	14		
11.5 - 12.3	15		</